



Wellness Menu

Appetizers

Coconut carpaccio with ceviche of jalapeno peppers,
lime juice, onions, and corn nuts

Or

Mexican Vegetable Soup
With Corn, beans, zucchini, and avocado

Entree

Mexican Bowl

Filled with chicken, quinoa, sweet corn, cherry tomatoes, avocado

Or

Turkey Stuffed Peppers
Ground turkey with onions, crushed tomatoes,
bell peppers and Mexican cheese

Dessert

Vegan Arroz con Leche
with almond milk and cinnamon